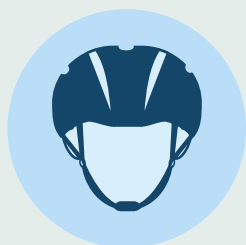


Student Transportation Services of Waterloo  
Region presents:

# WATERLOO REGION BIKE MONTH RESOURCES



## YOUNG CYCLISTS GUIDE

Information for new and young riders on bicycle equipment, riding tips, and the rules of the road available [here](#).

## DISCOVER YOUR SUPERPOWER

CycleWR is helping families to plan, practice, and encourage active trips to school. Active transportation is a real-life superpower that everyone can take part in. Learn more [here](#).

## TRAIL ETIQUETTE

Remember to sound your bell/horn, or shout a friendly greeting as you approach others. Faster trail users pass on the left when it is safe to do so and there is space. Slower users keep right. Slow down at bends or curves, and stop for traffic when trails cross busy streets. Be considerate of all trail users so everyone has a safe and enjoyable experience!

## ABC QUICK CHECK

Learn the ABC Quick Check to spot necessary repairs before they become a safety issue! Click [here](#) to learn more.



## WATERLOO TRAIL MIX



Trail Mix is an auditory accompaniment for Waterloo trails. Select your favourite Waterloo trail and find hidden QR codes to get access to curated trail playlists containing works by local artists! More information on trails and mixes can be found [here](#).

## KITCHENER MAKE TRACKS – 5KM CHALLENGE

Run, walk, roll or ride to explore your neighbourhood with a 5KM route set up around each community centre in Kitchener. Find your favourite route and visit the City of Kitchener on social media to see how you can enter to win items from the Kitchener Market.

Find your route [here](#).



## CYCLING INTO THE FUTURE – SPIN FOR FUNDS

Cycling Into The Future is raising funds to teach children in Waterloo Region how to safely and confidently own and operate a bicycle, with a goal of raising \$50,000 and supporting up to 650 students this upcoming school year.

Further campaign information can be found [here](#).



## CHOOSE YOUR BIKE MAP

[Cambridge](#)

[Kitchener](#)

[Waterloo](#)

[Region of Waterloo – Urban](#)

[Region of Waterloo – Rural](#)

For more information and resources for Bike Month, please contact STSWR at [bryden\\_eby@stswr.ca](mailto:bryden_eby@stswr.ca)

