

SIDEWALK SMARTS

PEDESTRIAN SKILLS



Student
Transportation
Services of
Waterloo
Region



PASSPORT

a skills checklist for family use

Using this passport

People reach road readiness at different ages. You can use this passport with your family or caregivers to practice skills together and to track your learning until you are road-ready.

Check off the skills as you can explain them, can perform them, and remember to do them all the time. Then, have your family or caregivers colour in the accomplishment stamp when the whole page is complete. When the book is done, they can add a date of issue and their initials to the ID page to confirm your road readiness!

Tell your family/caregivers about these lessons

- I pay attention to what is going on around me
- I make decisions for myself
- I stop, look, listen, and think
- I make my intentions known to others
- I keep looking and listening as I cross

Tell them what you can wear for greater safety

- Bright or reflective colours to be seen by others
- Weather-appropriate clothing and footwear
- Properly fastened shoes or boots
- Ensure that hoods or hats do not block vision

Waterloo Region Pedestrian ID



Me

Name

School

Date of birth

Date of Issue

Adult initials

Sidewalks and Trails

Task	Can Explain	Can do	Always does
Walk on the sidewalk, even if it is only on one side of the road	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Walk on the inner 3/4 of the sidewalk	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Walk on the road facing traffic when there are no sidewalks	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Walk to the right on a multi-use path to allow faster pedestrians and cyclists to pass on the left	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>



Stop Signs

Task	Can Explain	Can do	Always does
At 4-way stops, ensure vehicles on all four sides have stopped	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
At 1- and 2-way stops, ensure vehicles with stop signs have stopped - yield to all other vehicles	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Try to make eye contact with drivers	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Keep looking and listening while crossing	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>



Traffic Lights

Task	Can Explain	Can do	Always does
Stop and look left, right, left, AND behind before starting to cross	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Try to make eye contact with driver	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Do not start crossing if the orange hand is flashing	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
If the orange hand is flashing while crossing, continue at a quick but safe pace	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Keep looking and listening while crossing	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>



Crosswalks and Crossovers

Note: pedestrians don't always have the right of way

Task	Can Explain	Can do	Always does
Stand on platform, prepared to cross	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Push button if there is one	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Wait for cars to stop behind "shark's teeth" or yield line in both directions	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Keep looking and listening while crossing	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>



Midblock Crossings

Task	Can Explain	Can do	Always does
Look for a safer crossing first, if there is one, use it	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Move to a spot where you can see better (no objects like bushes or snow piles block your view)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Move to a spot where you can be seen better by drivers and cyclists (understand how curves and objects block a driver's view)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Look for space on other side of road before starting to cross	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Midblock Crossings

Task	Can Explain	Can do	Always does
Check parked cars thoroughly for brake lights or drivers indicating vehicle could move	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Move around parked cars carefully (use large spaces between parked cars and poke head out to look both ways before crossing)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Find an adequate gap in traffic (enough time between passing cars to cross without running)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Keep looking and listening while crossing	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>



Pedestrian Refuge Islands

Task	Can Explain	Can do	Always does
From side of road, make sure cars coming from the left are stopped before crossing	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
From concrete island, make sure cars coming from the right are stopped before crossing	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Make intention to cross very clear (step onto platform, hold out arm and point if necessary)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
If traveling with a group, do not cross until there is enough room on the island	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Keep looking and listening while crossing	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>



Roundabouts

Task	Can Explain	Can do	Always does
Stand on platform prepared to cross	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Never cross a roundabout by walking over the central island	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Wait for cars to stop behind "shark's teeth" or for an adequate gap in traffic	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
If there is a concrete island, stop and make sure cars from the right are stopped before crossing	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Keep looking and listening while crossing	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>



Rail Tracks

Task	Can Explain	Can do	Always does
Wait for trains blocking the crossing (do not try to go around or between train cars)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Obey warning lights and stop arms	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Stay out of tunnels meant for trains	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Do not walk along or beside the tracks	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Look carefully because electric trains are very quiet	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>



Parking Lot Entrances

Task	Can Explain	Can do	Always does
Look into the parking lot, across the road, and both ways on the road before crossing	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Wait for an adequate gap (enough time to cross without running)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Stay visible by walking upright (make yourself big!) and walk steady	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Keep looking and listening while crossing	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>



Traffic Device Word Match

Connect the sign to the words that describe it



School Area Sign



Walk Signal



Pedestrian Crossover Sign



Stop Sign



Yield Sign



Traffic Signal



Roundabout Sign



Sidewalk Smarts

Sidewalk Smarts is an instructional program delivered to grade 3 and 4 students that introduces complex road safety concepts and pedestrian skills.

The Sidewalk Smarts curriculum was developed by:

Canadian Cancer Society Walking School Bus Program

Cycling Into the Future

Region of Waterloo Public Health and Emergency Services

Region of Waterloo Road Safety Education Program

Student Transportation Services of Waterloo Region

Waterloo Regional Block Parent Program

Waterloo Region Children's Safety Village

For more information, contact STSWR 519-744-7575

The Sidewalk Smarts program is funded by:

Waterloo Catholic District School Board,

Waterloo Region District School Board,

Region of Waterloo, City of Cambridge,

City of Kitchener, and City of Waterloo



To find more family resources to support active school travel, see

[www.stswr.ca/walkzone/family resources](http://www.stswr.ca/walkzone/family%20resources)



**Student
Transportation
Services of
Waterloo
Region**